

WEEKLY RESORT GUIDE

EASTER WEEKEND

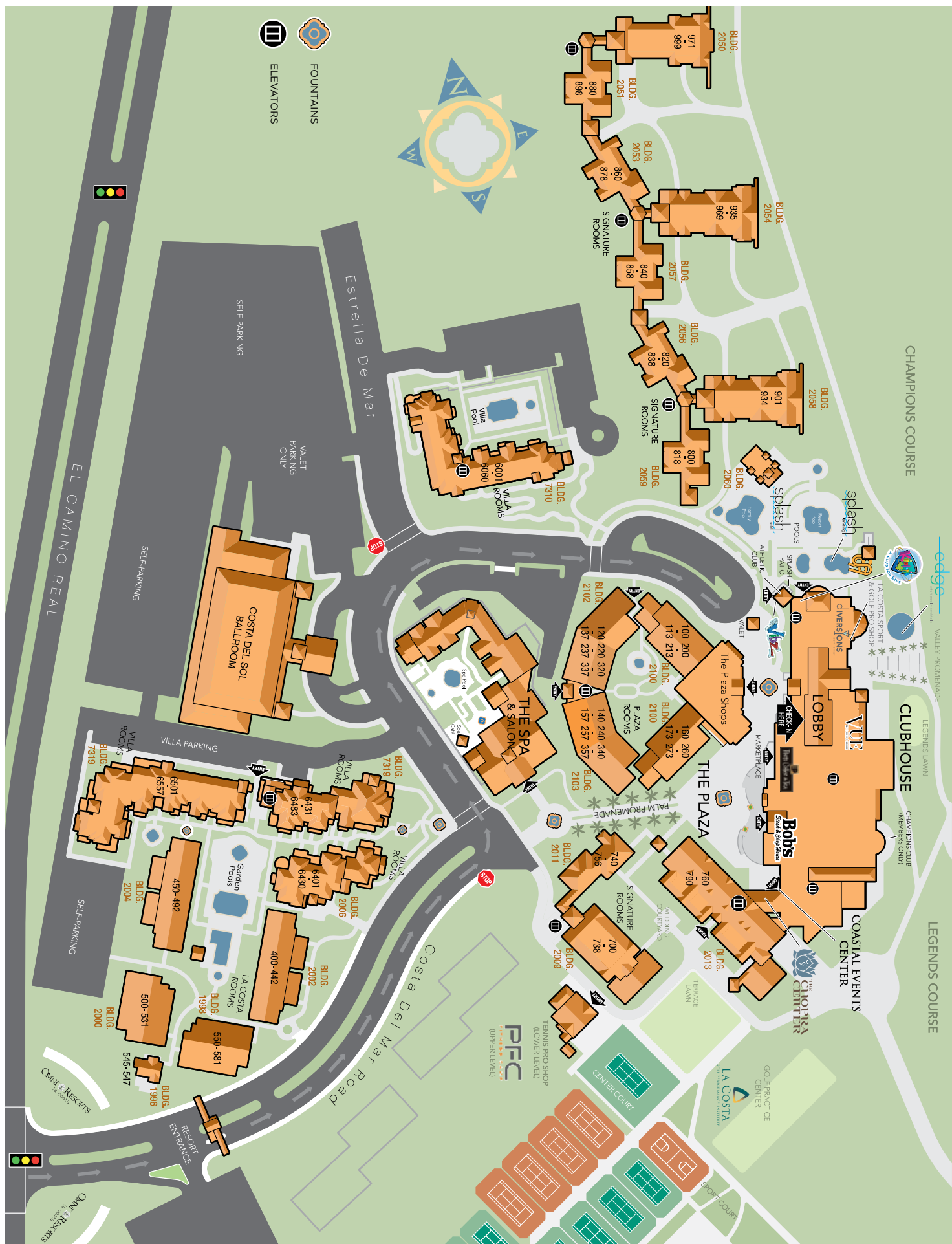
MARCH 28 - APRIL 3, 2018

Easter at La Costa

Create memories as a family with exciting activities including egg hunts, mermaid classes, glow in the dark crafts and a special holiday brunch at VUE. Capture your fun-filled day with a visit from the Easter Bunny who will be hopping around The Plaza for photo opportunities. Times and locations for these activities can be found in our resort schedule.

OMNI RESORTS
la costa | carlsbad

OMNILACOSTA.COM



POOL HOURS DAILY 8am-10pm | WATERSLIDE HOURS DAILY 10am-4pm, Subject to change

WEDNESDAY 3/28

THURSDAY 3/29

FRIDAY 3/30

SATURDAY 3/31

SUNDAY 4/1 EASTER

MONDAY 4/2

RESORT ACTIVITIES | Ext. 29

- 8-3pm Kidtopia Kids Club • PV/RR
- 10-10:30am Free Throw Challenge @ Sport Court • Free
- 11-11:30am Kids Crafts @ Vibz Patio • Free
- 11:45-12:15pm Hula Hoop Competition @ Splash Landing • Free
- 12:45-1:15pm Limbo Competition @ Splash Landing • Free
- 5-9pm Kidtopia After Dark • PV/RR

GOLF | TENNIS | RR

- 9-10am Adult Tennis Drill • \$30
- 10-11am Adult Tennis Drill • \$30
- 10-11am Tennis 101 (LVL 1) • \$30
- 11-12pm Tennis 201 (LVL 2) • \$30
- 2-3pm Adult Tennis Drill • \$30
- 2:30pm-Dusk Free Golf for Kids* • w/ paying adult
- 3-3:45pm Junior Golf Clinic (ages 4-10) • \$30
- 3:30-4:30pm Aces (ages 8-13) • \$25
- 4-4:45pm Junior Golf Clinic (ages 4-10) • \$30
- 4-6pm High Performance Academy (ages 10+) • \$35
- 4:30-5:30pm Little Pros (ages 6-7) • \$25
- 6-7:30pm Int-Adv Adult Tennis Drill • \$45
- 6-7:30pm Roger Fredericks & Dr. Jay Brunza Seminar @ Parlor Room • Free

ATHLETIC CLUB | Ext. 7474

- 6:30-7:20am Plyometric Power • \$10
- 7-7:50am Morning Walk & Stretch @ Plaza Fountain • Free
- 8-8:50am Barre Pilates • \$10
- 8-8:50am TRX • \$15
- 9-9:50am Body Sculpt • \$15
- 9-9:50am Vinyasa Flow Yoga @ Yoga Center • \$15
- 9-9:50am Spin • \$15
- 10-10:50am TRX • \$15
- 10-10:50am Gentle Yoga @ Yoga Center • Free
- 11-11:50am Deep Stretch • \$10
- 12-12:50pm Interval Spin • \$15
- 5:30-6:20pm TRX • \$15

CHOPRA CENTER | 760.494.1648

- 7:45-8:15am Meditation • Free
- 6-6:30pm Meditation • Free

RESORT ACTIVITIES | Ext. 29

- 8-3pm Kidtopia Kids Club • PV/RR
- 11-11:30am Kids Crafts @ Vibz Patio • Free
- 11:45-12:15pm Hula Hoop Competition @ Splash Landing • Free
- 12-12:45pm Art of Aromatherapy @ Spa • Free
- 12:45-1:15pm Limbo Competition @ Splash Landing • Free
- 6-6:30pm Candy Bingo @ Splash Patio • Free
- 5-9pm Kidtopia After Dark • PV/RR

GOLF | TENNIS | RR

- 9-10am Adult Tennis Drill • \$30
- 10-11am Adult Tennis Drill • \$30
- 1-2pm Cardio Tennis • \$30
- 2-3pm Adult Tennis Drill • \$30
- 2-3pm Intermediate Pickleball Clinic • \$20
- 2:30pm-Dusk Free Golf for Kids* • w/ paying adult
- 3-3:45pm Tennis Tots (ages 4-5) • \$25
- 3-5pm Pickleball Open Play • \$10
- 4-4:45pm Junior Golf Clinic (ages 11-15) • \$30
- 4-6pm High Performance Academy (ages 10+) • \$35

ATHLETIC CLUB | Ext. 7474

- 6:30-7:20am Spin • \$10
- 8-8:50am Functional Training • \$15
- 8-8:50am Urban Barre • \$10
- 9-9:50am Body Sculpt • \$15
- 9-9:50am Lower Body Bootcamp • \$15
- 9-10:15am Gentle Yoga & Relaxation @ Yoga Center • Free
- 10-10:50am TRX • \$15
- 10:30-11:45am Zumba™ Cardio & Core • \$15
- 12:15-1:05pm Circuit Training • \$10
- 1:15-2:05pm Pilates Yoga Fusion @ Athletic Club • \$10
- 5:30-6:20pm Performance Cycle • \$15

CHOPRA CENTER | 760.494.1648

- 7:45-8:15am Meditation • Free
- 6-6:30pm Meditation • Free

RESORT ACTIVITIES | Ext. 29

- 8-3pm Kidtopia Kids Club • PV/RR
- 10-10:30am Free Throw Challenge @ Sport Court • Free
- 11-11:30am Kids Crafts @ Vibz Patio • Free
- 11:45-12:15pm Hula Hoop Competition @ Splash Landing • Free
- 12:45-1:15pm Limbo Competition @ Splash Landing • Free
- 2-2:45pm Sliders Dash Races @ Splash Landing • Free
- 3-5pm VIK @ Lobby • Free
- 5-9pm Kidtopia After Dark • PV/RR
- 6-7pm Glow in the Dark Crafts @ Plaza • Free
- 6-8pm S'mores @ Plaza • Free
- 8-10pm Dive In Movie @ Splash Landing • Free

GOLF | TENNIS | RR

- 9-10am Adult Tennis Drill • \$30
- 9-11am Tennis "Queen of the Court" • \$25
- 10-11am Adult Tennis Drill • \$30
- 10-11am Tennis 101 (LVL 1) • \$30
- 11-12pm Tennis 201 (LVL 2) • \$30
- 2-3pm Adult Tennis Drill • \$30
- 2:30pm-Dusk Free Golf for Kids* • w/ paying adult
- 3:30-4:30pm Little Pros (ages 6-7) • \$25
- 4:30-5:30pm Aces (ages 8-13) • \$25

ATHLETIC CLUB | Ext. 7474

- 6:30-7:20am Plyometric Power • \$10
- 7-7:50am Morning Walk & Stretch @ Plaza Fountain • Free
- 8-8:50am Pilates • \$10
- 8-8:50am TRX • \$15
- 9-9:50am Spin • \$10
- 9-9:50am Vinyasa Flow Yoga @ Yoga Center • \$15
- 9-10:15am Extreme Body Sculpt & Stretch • \$15
- 10-10:50am Gentle Yoga @ Yoga Center • Free
- 11-11:50am Aqua Tone @ Garden Pool • Free
- 12-12:50pm Deep Stretch • \$10
- 12-12:50pm TRX • \$15

CHOPRA CENTER | 760.494.1648

- 7:45-8:15am Meditation • Free
- 6-6:30pm Meditation • Free

RESORT ACTIVITIES | Ext. 29

- 8-3pm Kidtopia Kids Club • PV/RR
- 9:30-10:30am Mermaid Class @ Garden Pool • PV
- 9:30-10:30am Radial Reptiles @ Plaza • Free
- 10:30-11am Family Scavenger Hunt @ Plaza • Free
- 11-11:30am Kids Crafts @ Vibz Patio • Free
- 11:45-12:15pm Hula Hoop Competition @ Splash Landing • Free
- 12:45-1:15pm Limbo Competition @ Splash Landing • Free
- 2-2:45pm Sliders Dash Races @ Splash Landing • Free
- 3-5pm VIK @ Lobby • Free
- 5-9pm Kidtopia After Dark • PV/RR
- 6-8pm S'mores @ Plaza • Free
- 8-10pm Dive In Movie @ Splash Landing • Free

GOLF | TENNIS | RR

- 9-10am Adult Tennis Drill • \$30
- 9-10am Tennis Tots (ages 4-5) • \$25
- 9-11am Tennis "King of the Court" • \$25
- 10-11am Adult Tennis Drill • \$30
- 11-12pm Junior Golf Clinic (ages 4-10) • \$30
- 1-1:45pm Aces (ages 8-13) • \$25
- 2-3pm Adult Tennis Drill • \$30
- 2-5pm Pickleball Open Play • \$10
- 2:30pm-Dusk Free Golf for Kids* • w/ paying adult
- 4-4:45pm Junior Golf Clinic (ages 11-15) • \$30

ATHLETIC CLUB | Ext. 7474

- 8-8:50am Circuit Training • \$10
- 9-9:50am TRX • \$15
- 9-10:15am Interval Spin • \$15
- 10-10:50am Outdoor Bootcamp • \$15

CHOPRA CENTER | 760.494.1648

- 9-10am Intro to Meditation • Free
- 10:30-11:30am Chopra Yoga • Free

RESORT ACTIVITIES | Ext. 29

- 8-3pm Kidtopia Kids Club • PV/RR
- 9-11am Lawn Games @ Terrace Lawn • Free
- 9:30-10am Egg Hunt (ages 0-4) @ Terrace Lawn • Free
- 10-10:30am Egg Hunt (ages 5-8) @ Wedding Courtyard • Free
- 10:30-11am Egg Hunt (ages 9-12) @ Driving Range • Free
- 11-12pm Pictures with the Easter Bunny @ Plaza • Free

GOLF | TENNIS | RR

- 9-10am Adult Tennis Drill • \$30
- 10-11am Adult Tennis Drill • \$30
- 2-3pm Adult Tennis Drill • \$30
- 2-5pm Pickleball Open Play • \$10
- 2:30pm-Dusk Free Golf for Kids* • w/ paying adult

ATHLETIC CLUB | Ext. 7474

- 8-8:50am Circuit Training • \$10
- 9-9:50am Spin • \$10
- 10-10:50am TRX • \$15
- 11-11:50am Deep Stretch • \$10

FOR MORE INFORMATION

Call the concierge at Ext. 23.

KEY

PV= Prices Vary

RR= Reservations Required

Schedule is subject to change.

RESORT ACTIVITIES | Ext. 29

- 8-3pm Kidtopia Kids Club • PV/RR
- 10-10:30am Free Throw Challenge @ Sport Court • Free
- 11-11:30am Kids Crafts @ Vibz Patio • Free
- 11:45-12:15pm Hula Hoop Competition @ Splash Landing • Free
- 12:45-1:15pm Limbo Competition @ Splash Landing • Free

GOLF | TENNIS | RR

- 9-10am Adult Tennis Drill • \$30
- 9-12pm Beg-Int Tennis Camp (ages 4-14) • \$60
- 10-11am Adult Tennis Drill • \$30
- 2-3pm Adult Tennis Drill • \$30
- 2-5pm Adv Tennis Camp (ages 10-18) • \$60
- 2:30pm-Dusk Free Golf for Kids* • w/ paying adult
- 4-4:45pm Junior Golf Clinic (ages 4-10) • \$30

ATHLETIC CLUB | Ext. 7474

- 6:30-7:20am Plyometric Power • \$10
- 7-7:50am Morning Walk & Stretch @ Plaza Fountain • Free
- 7-7:50am Spin • \$10
- 8-8:50am Pilates Yoga Fusion @ Athletic Club • \$10
- 8-8:50am TRX • \$15
- 9-9:50am Body Sculpt • \$15
- 9-9:50am Vinyasa Flow Yoga @ Yoga Center • \$15
- 9-9:50am TRX • \$15
- 10-10:50am Circuit Training • \$10
- 10-10:50am Gentle Yoga @ Yoga Center • Free
- 11-11:50am Deep Stretch • \$10
- 12-12:50pm Interval Spin • \$15
- 5:30-6:20pm Gentle Yoga @ Athletic Club • Free

CHOPRA CENTER | 760.494.1648

- 6-6:30pm Meditation • Free

TUESDAY 4/3

RESORT ACTIVITIES | Ext. 29

- 8-3pm Kidtopia Kids Club • PV/RR
- 11-11:30am Kids Crafts @ Vibz Patio • Free
- 11:45-12:15pm Hula Hoop Competition @ Splash Landing • Free
- 12:45-1:15pm Limbo Competition @ Splash Landing • Free

GOLF | TENNIS | RR

- 9-10am Adult Tennis Drill • \$30
- 9-12pm Beg-Int Tennis Camp (ages 4-14) • \$60
- 10-11am Adult Tennis Drill • \$30
- 1-2pm Cardio Tennis • \$30
- 2-3pm Adult Tennis Drill • \$30
- 2-3pm Beginners Pickleball Clinic • \$20
- 2-5pm Adv Tennis Camp (ages 10-18) • \$60
- 2:30pm-Dusk Free Golf for Kids* • w/ paying adult
- 3-5pm Pickleball Open Play • \$10
- 4-4:45pm Junior Golf Clinic (ages 11-15) • \$30
- 5:30-7pm Tennis Men's Night • \$25

ATHLETIC CLUB | Ext. 7474

- 6:30-7:20am Spin • \$10
- 8-8:50am Functional Training • \$15
- 8-8:50am Urban Barre • \$10
- 9-9:50am Body Sculpt • \$15
- 9-9:50am Lower Body Bootcamp • \$15
- 9-10:15am Gentle Yoga & Relaxation @ Yoga Center • Free
- 10-10:50am TRX • \$15
- 10:30-11:45am Zumba™ Cardio & Core • \$15
- 12:15-1:05pm Circuit Training • \$10
- 1:15-2:05pm Pilates Yoga Fusion @ Athletic Club • \$10
- 5:30-6:20pm Performance Cycle • \$15

CHOPRA CENTER | 760.494.1648

- 7:45-8:15am Meditation • Free
- 6-6:30pm Meditation • Free



GOLDEN EGG HUNT

March 28 - April 1, we invite guests of all ages to participate in our resort-wide Easter egg hunt. Twenty golden eggs have been hidden throughout the resort's public areas. Open your egg to reveal a corresponding number which can be turned into the front desk to receive an egg-citing prize like a spa treatment, round of golf or even a night's stay. Good luck & happy hunting!

For questions call Activities Director at (760) 804-7419. Excludes meeting spaces, guest rooms, associate & event areas.

EXPERIENCE RELAXATION LIKE NEVER BEFORE

Treat yourself at the world-renowned Spa at La Costa. Reach deeper levels of relaxation and radiant skin with innovative new treatments, monthly specials, weekly aromatherapy classes and a refreshed café menu. Experience true tranquility and immerse yourself into a luxurious spa experience unlike any other.

LA COSTA IN BLOOM

We are also celebrating the iconic Carlsbad Flower Fields by highlighting our lush floral offerings around the resort throughout the month of April. Experience botanical-inspired spa treatments and indulge in floral craft cocktails.

THIS MONTH AT THE SHOPS

Check out these great savings this month only:

- * At Lilly Pulitzer spend \$178 or more on any regularly priced dress and receive a Lana Scarf
- * At The Golf Pro Shop enjoy 50% off select women's golf shoes
- * At LiveWell get an extra 10% off already marked down clearance items

Discounts apply to regularly priced merchandise only. Exclusions apply.

GOLF PERFORMANCE INSTITUTE

Take your game to the next level with K-VEST. This human motion learning system instantaneously measures players' 3D data using cutting-edge technology to get a customized golf swing. Add this to any lesson and notice an immediate difference in your golf game.

You can also play on our championship courses with lush fairways and smooth greens suited for all ages and ability levels. La Costa guests may take advantage of preferred rates starting as low as \$75/player.

*Grab a 4-seater golf cart and take advantage of our Family Golf Program. When you book your tee time after 2:30pm, your kids 15 and under can rent complimentary clubs, plus learn and play with you for free. Visit the Golf Pro Shop or call for details.

BOB'S STEAK & CHOP HOUSE

Bob's is known for its flavorful filets, the iconic, larger than life, glazed carrot, stiff drinks, and impressive wine list. Reservations highly recommended.

DINING MON-SAT 5-10pm
SUN Closed

LOUNGE MON-THURS 4:30-10pm
FRI-SAT 4:30-11pm
SUN Closed

VUE

A lively and contemporary restaurant with an outdoor dining patio and magnificent "VUEs" of championship golf courses and lush green rolling hills. This signature restaurant features creative dishes, a unique selection of craft brews, wines and cocktail offerings. Enjoy a sunrise breakfast or check out the all day dining menu for a leisurely meal the whole family will enjoy.

BREAKFAST 7am-11am
ALL DAY DINING 11am-9pm

DIVERSIONS

For a nightcap or the perfect place to watch the big game, there's no better destination than Diversions. Catch your favorite team on the big screen while you enjoy Chef's signature menu, refreshing draft beer, cocktails and more. Guests under 21 years of age are welcome until 7pm.

ALL DAY DINING MON-SUN 11am-10pm
BAR & LOUNGE MON-SUN 11am-12am

MARKETPLACE

Offering a unique assortment of grab-and-go gourmet sandwiches, wraps and house made pizzas. With Peet's Coffee®, sweet treats like ice cream, chocolates, cocktails and wine to-go, it's also the perfect place to shop for one-of-a-kind La Costa gifts and travel essentials. OPEN 24 HOURS, DAILY

POOLSIDE DINING

Featuring refreshing and satisfying fare, poolside dining is conveniently located at our Edge pool & Splash Landing. FRI-SUN 11am-4pm
Hours subject to change.