

## THE MORNING TABLE

Omni Hotels & Resorts cares about providing a healthy and nourishing morning meal. Carefully selected to accommodate modern eating lifestyles, signature offerings include chef-crafted egg bowls, warm house made pastries and locally-sourced grains and proteins. Beverage selections include fresh-squeezed orange juice and Stance Coffee which is directly sourced from the farmers and helps families harvest a better future. Omni's Morning Table is flexible nourishment beyond the buffet, made for your enjoyment in our restaurant or for your convenience On The Go.

## BREAKFAST

### STRAWBERRY BANANA SMOOTHIE

*greek yogurt / strawberries / banana  
whole milk or milk alternative  
chia seeds or flax*  
8

## MORNING BEVERAGES

STANCE BREWED COFFEE 6  
*Regular or Decaf*

NUMI HOT TEA 5  
*Daily selection*

CAPPUCCINO OR LATTE 7  
*Add extra shot 2*

BITTER SWEET HOT CHOCOLATE 8  
*Choose two toppings / whipped cream  
graham cracker crumbs  
chocolate shavings / gourmet marshmallows*

CHILLED JUICES 6  
*Fresh orange / fresh grapefruit*

TOMATO/APPLE/CRANBERRY/V8 5

MILK 5  
*2%, skim, chocolate, soy milk or almond*

SODA 5  
*Coke, Diet Coke, Sprite or Ginger Ale*

## BREAKFAST BASICS

*Gluten-Friendly Bread Available Upon Request*


AVOCADO TOAST 13  
*7-grain bread / smashed avocado / grape tomato  
crumbled feta / arugula / everything spice  
add poached egg 2*

“BDES” BEST DAMN EGG SANDWICH 14  
*scrambled eggs / caramelized onions  
applewood-smoked bacon / cheddar cheese / chives  
on toasted brioche bun*

SMOKED SALMON BAGEL 17  
*bagel / capers / red onion / tomato / cream cheese*

## EGGS

TWO EGG BREAKFAST 15  
*Two Farm Eggs / applewood-smoked bacon or chicken-apple sausage  
breakfast potato and choice of toast*

THREE-EGG OR EGG WHITE OMELET  16  
*Fillings: Swiss / Vermont cheddar / mozzarella / crumbled applewood-smoked bacon  
ham / mushrooms / spinach / tomatoes / bell pepper / onion  
breakfast potato and choice of toast*

SHAKSHUKA  15  
*tomato / onion / garlic / peppers / spices / eggs / cilantro / feta / choice of toast*

HASH BOWL  13  
*Sautéed garden vegetables / diced sweet potato / fried egg*

ACAI BOWL   13  
*Blueberries / banana / granola / coconut*

## Fruit, Dairy & Grains

SLICED FRESH FRUIT 12  
*Cantaloupe / honeydew / pineapple  
Add cottage cheese 2*

YOGURT PARFAIT 9  
*Chobani vanilla or plain yogurt  
granola / fresh berries*

SEASONAL FRESH BERRIES 8  
*Strawberries / blueberries / raspberries*

MCCANN'S ORGANIC STEEL-CUT OATMEAL  10  
*Raisins / dried cranberries / pecans / maple syrup  
milk or dairy alternative upon request*

KASHI ASSORTED CEREALS 6

## — Ironed & GRIDDLE —

BUTTERMILK PANCAKES 15  
*Whipped butter / Vermont maple syrup  
Additional banana or blueberries 2*

BELGIAN WAFFLE 15  
*Whipped cream / strawberry purée / whipped butter  
Vermont maple syrup*

## BREAKFAST SIDES

ROASTED RED BLISS POTATO 5  
*with a medley of onions and herbs*


TOAST OR ENGLISH MUFFIN  4  
*white, whole wheat or sourdough*

GLUTEN-FRIENDLY WHITE OR GLUTEN-FRIENDLY ENGLISH MUFFIN 5


BASKET OF MORNING PASTRIES 6  
*choice of two: muffin, croissant, scone or danish  
bagel with cream cheese 6*

SINGLE EGG 2  
*sunny-side, over-easy or scrambled  
two eggs 4*

VEGETARIAN ITALIAN SWEET SAUSAGE  9  
*Two Beyond Meat plant-based Beyond Sausage  
Vegan non GMO / gluten and soy-friendly*



APPLEWOOD-SMOKED BACON  7  
*Center-cut maple pepper bacon cured with maple  
and hand-rubbed with pepper*

OLD-STYLE PORK SAUSAGE  7  
*Sausage made from natural pork and hormone-free*

CHICKEN SAUSAGE WITH APPLE  7  
*Froehlich's, a family run food producer, uses only natural  
and fresh ingredients. preservative and nitrate-free*

BUTTERY BISCUIT 10  
*red pepper jam / karlie's gratitude by  
arethusa farm and dairy*

*Gluten-Friendly Bread Available Upon Request.*

 Gluten-Friendly  Vegan

*Consuming raw or undercooked meats / poultry / seafood / shellfish or eggs may increase your risk of foodborne illness.  
Please notify us of any food allergy.*

