

# AFTER SCHOOL TENNIS PROGRAM



## FALL 2024 SESSION DATES

Session 1: August 12–September 26

Session 2: September 30–November 7

Session 3: November 11–December 19

Our junior tennis programs are founded on the belief that being fit for life starts with positive experiences in a welcoming environment. Junior classes are designed to instill a passion for tennis, athletic activity and to develop skills that will serve them for an active lifetime. With safety, fun and skill development being our main focus, children will work harder, have more fun and learn quicker than ever before.

## CLASS DESCRIPTIONS

### **THUNDER | AGES 4–6 | BEGINNER/RED | TUES & THUR | 3–3:45 P.M.**

The main focus in this class is to teach the ABCs of tennis. Agility, balance and coordination. We will teach the fundamentals of tennis through a fun and energetic way of learning.

### **LIGHTNING | AGES 4–6 | ADVANCED/RED | TUES & THUR | 3:45–4:30 P.M.**

Players will be introduced to rallying, serving and score keeping. The main focus in this class will be to learn the competitive aspect of tennis.

### **TORNADO | AGES 7–12 | BEGINNER/ORANGE & GREEN | MON & WED | 3:30–4:30 P.M.**

Players will learn the basic strokes of tennis. Groundstrokes, volleys, overheads and serves. The main focus in this class will be to learn the proper techniques of the strokes and introduce rallying the ball with each other.

### **HURRICANE | AGES 7–12 | INTERMEDIATE/ORANGE & GREEN | TUES & THUR | 4:30–5:30 P.M.**

Players will be rallying against each other for the majority of the class. The main focus is to learn basics strategies, playing matches, good sportsmanship and to gain experience and confidence in a competitive atmosphere.

### **TOP GUN | AGES 13–15 | INTERMEDIATE/YELLOW | MON & WED | 4:30–6 P.M.**

Players will execute various footwork drills, point play and match play. The main focus is to prepare the student for tournament play, middle school teams and high school teams.

### **GRAND SLAM PERFORMANCE SQUAD | HIGH SCHOOL | ADVANCED/YELLOW | TUES & THUR: 5:30–7 P.M.**

Players will be pushed to the next level, working on their mental game, match strategy, strength, conditioning and advanced drills. The main focus in this class is to prepare students for varsity high school, as well as high school level tournaments for match play. Players need coach's approval to be in this class.

**SIGN-UP AT: [AMELIAJUNIORTENNIS.COM](https://ameliajunior.tennis.com)**

**OMNI** AMELIA  
ISLAND

FOR MORE INFORMATION  
Rob Wright | Senior Director | 904.277.5151  
[Rob.Wright@omnihotels.com](mailto:Rob.Wright@omnihotels.com)

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### PRICING 7 WEEK SESSION 6 WEEK SESSION

**SESSION 1:** August 12 - September 26 | **SESSION 2:** September 30 - November 7 | **SESSION 3:** November 11 - December 19

#### THUNDER/LIGHTNING

Members: \$140/session (Drop-in Rate Members: \$23/class) | Non-Members: \$168/session (Drop-in Rate Non-Members: \$25/class)

Members: \$120/session (Drop-in Rate Members: \$23/class) | Non-Members: \$144/session (Drop-in Rate Non-Members: \$25/class)

#### TORNADO/HURRICANE

Members: \$182/session (Drop-in Rate Members: \$23/class) | Non-Members: \$210/session (Drop-in Rate Non-Members: \$25/class)

Members: \$156/session (Drop-in Rate Members: \$23/class) | Non-Members: \$180/session (Drop-in Rate Non-Members: \$25/class)

#### TOP GUN

Members: \$224/session (Drop-in Rate Members: \$29/class) | Non-Members: \$252/session (Drop-in Rate Non-Members: \$31/class)

Members: \$192/session (Drop-in Rate Members: \$29/class) | Non-Members: \$216/session (Drop-in Rate Non-Members: \$31/class)

#### GRAND SLAM PERFORMANCE SQUAD

Members: \$224/session (Drop-in Rate Members: \$29/class) | Non-Members: \$252/session (Drop-in Rate Non-Members: \$31/class)

Members: \$192/session (Drop-in Rate Members: \$29/class) | Non-Members: \$216/session (Drop-in Rate Non-Members: \$31/class)

#### PLEASE NOTE

- No refunds after session begins
- Classes are never cancelled due to rain. All classes can move indoors and still work on tennis skills. Grand Slam will move inside the gym to do a tennis specific physical training session
- In the event of extreme weather that results in a closure, we will schedule make-up dates for missed sessions

### REFER-A-FRIEND BONUS

Sign-up a new friend to any session and your child receives a 1/2 hour private lesson (\$60 value)

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